









	Mon-Thu 5am-Midnight Fri 5am-9pm Weekends 7am-6pm		<u>Daily Kids Club</u> 9:00am-Noon 4pm-8pm <u>Weekend Kids Club</u> Sat 8am-Noon		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:30 am HATHA YOGA  Stevie	8:30 am  <b>P90X</b>  Ashley	8:30 am HATHA YOGA  Stevie	8:30 am  <b>P90X</b>  Ashley
	9:30 am  <b>ZUMBA</b> FITNESS Marife	9:30 am  <b>SPINNING</b> Danitza / Ashley	9:30 am  <b>ZUMBA</b> FITNESS Marife	9:30 am  <b>ZUMBA</b> FITNESS Marife	9:30 am  <b>ZUMBA</b> FITNESS Irina
	10:30 am  <b>Tone &amp; Sculpt</b> <i>45 minutes</i>  Belinda				10:30 am    Stevie
	4:30 pm  <b>P90X</b>  Ashley	4:30 pm  <b>PIYO</b>  Stevie	4:30 pm  <b>P90X</b>  Ashley		
		5:30 pm  <b>SPINNING</b> Belinda / Ashley	5:30 pm  <b>ZUMBA</b> FITNESS Marife		

## January 2018

Questions or concerns please contact:

D. Wasilewski

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